

# ***Lynne N. Clark, P.C.***

A Virginia Professional Corporation  
Attorney and Counselor at Law

---

7003 Backlick Court, #100  
Springfield, VA 22151  
Admitted in Virginia and D.C.

Tel 703-256-7900  
FAX 703-256-7902  
email: lynne@lynnenclark.com

## **REPORT OF COUNSEL**

**AUGUST 2015**

### **SUMMER READING**

Like me, you might be looking for a few good books to read on vacation that are not the latest mystery or thrillers.

Here are two for your consideration.

*Being Mortal* by Atul Gawande, From the book jacket: Medicine has triumphed in modern times, transforming the dangers of childbirth, injury and disease from harrowing to manageable. But when it comes to the inescapable realities of ageing and death, what medicine can do often runs counter to what it should do.

Dr. Gawande looks at the limitations and failures of medicine as life draws to a close. He discovers we can do better. He follows a hospice nurse on her rounds, a geriatrician in his clinic, and reformers turning nursing homes upside down. He finds people who show us how to have the hard conversations to ensure that we never sacrifice what people really care about.

If you face helping a parent transit to assisted living or nursing home care, or deal with a significant illness, you will find this book very helpful.

*God Never Blinks* [50 Lessons for Life's Little Detours], Regina Brett.

When Regina Brett turned fifty, she wrote a newspaper column on the fifty lessons life had taught her. She reflected on all she had learned through becoming a single parent, looking for love in all the wrong places, working on her relationship with God, battling cancer, and making peace with a difficult childhood. It became one of the most popular columns ever published in the *Cleveland Plain Dealer*. In this book, Brett expands the 50 lessons.

Lesson 38 - Read the Psalms. No matter what your faith, they cover every human emotion.

Lesson 40 - If we all threw our problems in a pile and got a look at everyone else's, we'd fight to get back our own.

Each lesson is contained in a short chapter. Many of the chapters will resonate with you and your life experience. They did with me.